

# Comparison between Two Methods for Diagnosis of Trichinellosis: Trichinoscopy and Artificial Digestion

María Laura Vignau/<sup>+</sup>, Mónica del Valle Guardis, Miguel Atilio Risso\*,  
Diego Fernando Eiras

Cátedra de Parasitología y Enfermedades Parasitarias \*Cátedra de Patología de Aves y Pilíferos, Facultad de Ciencias Veterinarias, Universidad Nacional de La Plata, Calle 60 y 118, La Plata (1900), Buenos Aires, Argentina

*Two direct methods for the diagnosis of trichinellosis were compared: trichinoscopy and artificial digestion. Muscles from 17 wistar rats, orally infected with 500 Trichinella spiralis encysted larvae were examined. From each of the following muscles: diaphragm, tongue, masseters, intercostals, triceps brachialis and cuadriceps femoralis, 648,440 larvae from 1 g samples were recovered. The linear correlation between trichinoscopy and artificial digestion was very high and significant ( $r=0.94$ ,  $p<0.0001$ ), showing that both methods for the detection of muscular larvae did not differ significantly. In both methods, significant differences were found in the distribution of larvae per gramme of muscle.*

Key words: trichinellosis - diagnosis - trichinoscopy - artificial digestion

Trichinellosis is a parasitic zoonosis which causes human infection in Argentina. During the last five years, an important increase of clinical cases has been detected (Larrieu 1981, Nader et al. 1986, Brusolini & Gore 1992). Most of the cases were associated with the consumption of pork meat subproducts.

In Argentina two methods of diagnosis are used: trichinoscopy and artificial digestion; both methods allowing a direct observation of the larvae encysted in the skeletal muscles. Trichinoscopy is the primary method, even though, it is considered less sensitive than artificial digestion. Fifteen or more larvae per gramme of muscle, are considered necessary for detection using trichinoscopy, whereas, artificial digestion only requires four larvae per gramme (Ruitenbergh & Kampelmacher 1970, Van Knappen et al. 1980, Köhler & Pfeiffer 1983, Acha & Szyfres 1989). In this study, we compare the trichinoscopy method to artificial digestion in order to establish if there are significant differences in sensibility of one method with respect to the other; we also analyze the distribution of larvae in the chosen muscles.

## MATERIALS AND METHODS

Five months old wistar rats SPF (n=17) were infected *per os* with 500 *Trichinella spiralis* encysted larvae from a strain maintained in rats since

1960. Forty days after infection, the rats were euthanized using sulphuric ether vapours.

*Trichinoscopy* - From each animal, a 1 g sample was taken from the following muscles: diaphragm, tongue, masseters, intercostals, a triceps brachialis and a cuadriceps femoralis (opposite members of triceps). Samples were reduced to subsamples of 5 mm x 1 mm thickness; they were pressed between two sheets of glass and observed microscopically with 4x. Afterwards, encysted larvae were totaled. All the samples were recovered for processing by artificial digestion.

*Artificial digestion* - It was performed at 39°C for 3 hr in a solution of 1% pepsin (0.7 Fip  $\mu$ /mg) and 1% HCl (37%) in distilled water, in a proportion of 15 ml/g of sample. The mixture was shaken. The larvae, were then filtered and those concentrated by sedimentation were washed and counted. The double-blind system was used in order to register the data obtained from both methods.

*Statistical analysis* - Analysis of variance was used: a Fisher test was applied in order to compare quantitative data; and a Chi square test for the qualitative results (Lison 1976). The obtained data were transformed for the analysis of variance and linear correlation, with the following relationships: number of larvae (x) equals the square root of (x), divided by the sample weight (Sokal & Rohlf 1984, Kirby 1993).

## RESULTS

Table I shows that the averages of larvae per gramme of *T. spiralis* detected by trichinoscopy (t) are significantly smaller in intercostals, triceps

<sup>+</sup>Corresponding author. Fax: +54-21-253276  
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brachialis and cuadriceps femoralis (group **a**) than masseters and tongue (group **b**) and in these, the averages are significantly smaller than in the diaphragm (group **c**), ( $p < 0.0001$ ).

In Table II, averages of larvae per gramme detected by artificial digestion are registered. Group **a** is significantly smaller than **b**, and **b** is significantly smaller than **c** ( $p < 0.0001$ ).

In Table III, averages of larvae per gramme detected by both methods are compared. Homo-

geneous groups **a**, **b**, and **c** are identified. Those differing significantly from each while other, demonstrating the same tendency observed, using each method ( $p < 0.0001$ ).

Analysis of both methods shows similar results; both averages do not show significant differences. Through the linear correlation analysis, a significant and high coefficient was obtained ( $r=0.94$ ) based on following straight line:  $t = 3.015 + 0.89$  (d);  $F = 909.4$ ;  $d.f. = 1/100$ ;  $p < 0.0001$ .

TABLE I  
Averages of larvae per gramme of *Trichinella spiralis* detected by trichinoscopy on different muscles

Muscle	x	s	n	E	g
Triceps brachialis	1254.8	175.9	17	21332.2	a
Cuadriceps femoralis	1298.2	181.5	17	22069.5	a
Intercostals	1325.5	116.5	17	22532.8	a
Masseters	3993.2	284.6	17	67884.6	b
Tongue	4649.3	623.3	17	79038.3	b
Diaphragm	5662.0	747.7	17	96253.3	c
Total			102	309110.7	

Fisher=21.2;  $p < 0.0001$

x: average of larvae per gramme; s: standard error; n: number of rats; E: sum of averages; g: group

TABLE II  
Averages of larvae per gramme of *Trichinella spiralis* detected by artificial digestion on different muscles

Muscle	x	s	n	E	g
Triceps brachialis	1413.3	216.8	17	24025.6	a
Intercostals	1416.2	153.1	17	24076.0	a
Cuadriceps femoralis	1455.8	227.2	17	24748.3	a
Masseters	4951.3	443.1	17	84172.5	b
Tongue	5081.8	725.4	17	86390.3	b
Diaphragm	5642.2	756.6	17	95917.6	c
Total			102	339330.3	

Fisher=18.54;  $p < 0.0001$

x: average of larvae per gramme; s: standard error; n: number of rats; E: sum of averages; g: group

TABLE III  
Compared analysis of averages of larvae per gramme of *Trichinella spiralis* detected by both methods: trichinoscopy and artificial digestion

Muscle	x	s	n	E	g
Triceps brachialis	1334.1	138.2	34	45357.7	a
Intercostals	1370.9	95.0	34	46608.9	a
Cuadriceps femoralis	1377.0	143.8	34	46817.7	a
Masseters	4472.3	272.4	34	152057.2	b
Tongue	4865.6	472.4	34	165428.7	b
Diaphragm	5652.1	523.7	34	192170.7	c
Total			204	648440.9	

Fisher=39.1;  $p < 0.0001$

x: averages of larvae per gramme; s: standard error; n: number of rats; E: sum of averages; g: group

## DISCUSSION

The use of direct methods for the diagnosis of trichinellosis in swine is nowadays recommended in European slaughterhouses, in countries where human cases are registered.

Soulé and Dupouy Camet (1991) considered that the trichinoscopy is less sensitive than artificial digestion. Van Knappen (1980) established that from pigs infected with 500 to 1500 larvae doses, only between 10% and 20% showed positive by trichinoscopy compared with 50% by artificial digestion. Acha and Szyfres (1989) assumed that the artificial digestion method has high sensitivity due to the size of samples that usually are 50 to 100 times heavier than those processed by trichinoscopy. Ruitenbergh and Kampelmacher (1970) considered that artificial digestion is at least three times more sensitive than trichinoscopy.

Our study shows that in the experimental model used (rat/rat) and with an inocula of 500 *T. spiralis* larvae, both methods have similar sensitivity. The distribution of larvae in the chosen muscles maintained an "uniform pattern" in all infected rats; decreasing averages of larvae per gramme from the diaphragm to the triceps brachialis were registered. The diaphragm, tongue and masseters sheltered a significantly higher number of larvae per gramme (Table III). These data coincided with the observations of Gundlach et al. (1994) in rats infected with 500 larvae.

According to our results, we consider that the use of trichinoscopy should not be given up. We think that the differences attributed to the sensitivity of trichinoscopy in respect to artificial digestion is probably associated to mistakes in the application of the technique. It would be advisable to use samples of not less than 1g/muscle, and divide them into subsamples of the size indicated in Materials and Methods, in order to achieve a maximum finding of cysts and/or larvae.

As regards the chosen muscles, in the proposed

model (rat/rat), the diaphragm, tongue and masseters are best for diagnosis.

The studies to be carried out on pigs, will allow us to indicate with greater accuracy, the chosen muscles in this host with this *T. spiralis* strain.

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