

Disparities in antimicrobial consumption and resistance within a country: the case of beta-lactams in Argentina

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ABSTRACT

Objective. To describe bacterial resistance and antimicrobial consumption ratio at the subnational level in Argentina during 2018, considering beta-lactams group as a case-study.

Methods. Antimicrobial consumption was expressed as defined daily doses (DDD)/1000 inhabitants. Resistance of *Escherichia coli*, *Streptococcus pneumoniae*, *Pseudomonas aeruginosa*, *Klebsiella pneumoniae* and *Staphylococcus aureus* to beta-lactams was recorded. Resistance/consumption ratio was estimated calculating “R” for each region of Argentina, and this data was compared with other countries.

Results. The most widely consumed beta-lactams in Argentina were amoxicillin (3.64) for the penicillin sub-group, cephalexin (0.786) for first generation cephalosporins, cefuroxime (0.022) for second generation; cefixime (0.043) for third generation and cefepime (0.0001) for the fourth generation group. Comparison between beta-lactams consumption and bacterial resistance demonstrated great disparities between the six regions of the country.

Conclusions. The case-study of Argentina shows that antimicrobial consumption and resistance of the most common pathogens differed among regions, reflecting different realities within the same country. Because this situation might also be occurring in other countries, this data should be taken into account to target local efforts towards better antimicrobial use, to improve antimicrobial stewardship programs and to propose more suitable sales strategies in order to prevent and control antimicrobial resistance.

Keywords

Drug resistance, microbial; beta-lactams; Argentina.

Antimicrobial resistance (AMR), the ability of microorganisms to persist or grow in the presence of drugs designed to inhibit or kill them, is a natural biological phenomenon. However, several factors such as the misuse and overuse of antimicrobials have accelerated the emergence and spread of AMR (1).

Evidence shows that half of the prescriptions of antimicrobials (ATM) are related to an irrational or unnecessary use (2),

whereby the indication does not correlate with the disease, the clinical presentation does not require any ATM, or diagnostic tests have discordant results (3).

Bacteria such as *Klebsiella pneumoniae*, *Staphylococcus aureus*, *Streptococcus pneumoniae*, and *Escherichia coli* involve complex AMR mechanisms and place substantial clinical and financial burden globally, often warranting the use of ATM considered “watch” or “reserve” groups according to the World Health

Organization (WHO) classification. AMR causes failure of empirical treatments, aggravates morbidity, increases mortality, and has negative impact on the costs of care because of ineffective ATM treatment (4).

Additionally, multidrug-resistant bacteria have had a notable increase in recent decades. Aggravating the global AMR threat is also the lack of new drug development by the pharmaceutical industry due to reduced economic incentives and challenging regulatory requirements. Thus, over the past three decades, no new family of antibiotics has been discovered (1).

For all the aforementioned reasons, AMR has become a serious and increasingly concerning public health threat, with enormous global health, social and political repercussions (1-5).

In 2015, the World Health Assembly approved a global action plan to combat AMR, recognizing it as a global health priority (6). A similar regional plan of action was later endorsed by the Pan American Health Organization (PAHO) Member States, highlighting the importance of raising awareness about AMR, optimizing the use of ATM, reducing the incidence of infection and the spread of resistant microorganisms, and ensuring a sustainable investment in the fight against AMR (7). Indeed, the increased detection and spread of carbapenemase-producing bacteria in Latin America and the Caribbean in recent years illustrates the seriousness of the urgency of addressing AMR and the permanent concern of countries to put regulations in place for ATM (8). In this regard, PAHO has long supported countries of the Region of the Americas in addressing AMR prevention and control (9). An important area of focus has been the development of national strategies for the rational ATM consumption (avoiding self-medication, dispensing without prescription and overuse), appropriate use (indication according to diagnosis), adequate use (correct use of routes, doses and duration) and reduction in costs associated with irrational use (10). Indeed, Countries with high antimicrobial consumption typically have high levels of AMR (11-15).

Over the years, Argentina has built an extensive network of laboratories for monitoring AMR in human health (WHONET-Argentina). This network is made up of 95 laboratories from the main state hospitals, local hospitals and the National Reference Laboratory at the Antimicrobial Service of the National Institute of Infectious Diseases (INEI), National Administration of Laboratories and from Institute of Health (ANLIS) "Dr. Carlos G. Malbrán" which also acts as the reference laboratory for the regional AMR Surveillance Network of Latin America (ReLAVRA) and for the Hospital Infection Surveillance Program of Argentina (VIDHA) (16). Given the importance of ATM misuse and overuse as key drivers of AMR, the Argentine Ministry of Health conducts annually a "survey of prevalence of hospital infections in Argentina" (ENPIHA) in critical and non-critical areas to collect key information on ATM consumption in the country (10). Entities such as the National Agri-food Health and Quality Service (SENASA) and the National Institute of Agricultural Technology (INTA) also collaborate to prevent AMR by promoting the development of infection prevention and control programs in facilities for animal production.

The aim of this study was to describe and increase the knowledge of ATM consumption and to compare this data with the level of bacterial resistance in Argentina, identifying any differences between the country regions in order to guide a prompt local public health action for the prevention and control of AMR.

MATERIALS AND METHODS

A descriptive, observational, retrospective drug utilization research study was conducted for drug consumption and resistance data analysis in each region of Argentina. ATM consumption data were compiled and analyzed from sales data for each product expended to outpatients in 24 Argentine provinces. This data source was provided by IQVIA, (former IMS Health & Quintiles) which cover the ambulatory consumption; information completed with data provided directly from pharmaceutical companies sells, representing the universe of country consumption. All ATM medicines were assorted according to their ATC classification (17).

The study period was from January 1 to December 31, 2018, being the year for which the latest data on both consumption and resistance were available. In order to compare the level of consumption, ATM data consumption for years 2016 and 2017 were included in the analysis.

The study focused on the beta-lactams group since it was the most prescribed antimicrobial group. The results for beta-lactams consumption expressed as defined daily dose (DDD) per 1 000 inhabitants were stratified for the analysis into penicillin+aminopenicillins (J01C), cephalosporins (J01D), monobactams (J01DF) and carbapenems (J01DH). All sales of these ATM groups were considered in the analysis. Within each subgroup, active ingredients included in a pharmacological presentation used for ATM treatment in outpatients were also examined.

The study collected information about the following variables: type of ATM; consumption of ATM; DDD; population exposed to these antimicrobials; geographical territory in which consumption was registered; and percentage of resistance for the different ATM in each geographic area for pathogens with the highest prevalence of infections in the country (*Escherichia coli*, *Streptococcus pneumoniae*, *Pseudomonas aeruginosa*, *Klebsiella pneumoniae* and *Staphylococcus aureus*).

The level of resistance for each ATM was estimated by the AMR Surveillance Network WHONET method according to the national registry generated by the Malbrán Institute. The country territory was divided according to local geographical division guidelines: North (provinces of Jujuy, Salta, Catamarca, Chaco, Corrientes, Formosa, La Rioja, Santiago del Estero, Misiones, Tucumán); Center (Córdoba, Entre Ríos, Santa Fe); Buenos Aires (Buenos Aires province); CABA (Buenos Aires City); Cuyo (San Juan, San Luis, Mendoza); Patagonia (Río Negro, Neuquén, La Pampa, Chubut, Santa Cruz, Tierra del Fuego).

The type of ATM was classified according to WHO Anatomical Therapeutic Chemical (ATC) classification. Consumption of ATM was defined as DDD as per WHO definition (technical unit of measurement of drug consumption known as a defined daily dose, and which expresses the daily dose of a drug for its main indication in adults) in relation to the number of inhabitants that consumed those ATM. Hence, consumption was calculated considering this data and according to the following formulas:

1. *Consumption in defined daily dose* (DDD) per 1 000 inhabitants per day (DID) of the drugs used for antimicrobial treatment in Argentina (17). The calculation was made for each medication and year of the period analyzed, according to the formula:

$$DID = \frac{\text{overall grams consumed of each drug} \times 1\,000 \text{ inhabitants}}{DDD \times N^{\circ} \text{ inhabitants} \times 365 \text{ days}}$$

DID was calculated by computerized methods using a program designed for this purpose.

2. *Population exposed* (PE) to drugs. It was calculated for each active principle in the period analyzed, according to the formula:

$$PE = \frac{DDD \times N^{\circ} \text{ of inhabitants}}{1\,000}$$

Where:

DDD is the technical unit of measurement of drug consumption known as a defined daily dose, and which expresses the daily dose of a drug for its main indication in adults; *DID* expresses the number of inhabitants of every 1 000 that consume a DDD every day of a certain drug; *consumption* refers to the quantity of medicines, in any of their forms of presentation, sold by the provincial warehouses to the health units for their use; and *exposed population* (PE) refers to the number of patients exposed to a certain medicine, calculated from the DID.

Results were grouped and stratified by federal regions due to their different historical, geographical, social, economic and sanitary situations, for better visualization and understanding. After recording AMR, values observed for each pathogen in each region were compared with levels of resistance and the antimicrobial consumption detected. Additionally, in order to compare results obtained for Argentinian regions information from Europe and other Latin American countries was incorporated into the analysis.

For statistical analysis, consumption was expressed in DDD/DID and resistance was expressed in percentage of each pathogen resistance to each antimicrobial group. We used the open access software for statistical computing and graphics "R", version 4.0.0, with its default package, *tidyverse*, and *ggplot* for the development of the graphics.

The research protocol was approved by the Scientific Research Commission Ethics Committee (A31-018). All the information was codified and extracted from a secondary database, making it impossible to identify the people involved. For this reason, the anonymity of the data was guaranteed at all times and all stages of the study.

RESULTS

Data extracted from the pharmaceutical industry during the study period allowed analyzing antimicrobials either by therapeutic groups or by medicines belonging to each of the groups. From this information it was possible to confirm that for the penicillin family, the most widely antimicrobial consumed in Argentina was amoxicillin (Table 1).

For cephalosporin groups, cephalexin was the most consumed antimicrobial from the first generation cephalosporins, cefuroxime from the second generation, ceftriaxone from the third generation and cefepime from the fourth generation; the consumption of fifth generation cephalosporins was very low (Table 1).

The only monobactam consumed was aztreonam. Although its consumption was low, its use doubled in the last year studied

TABLE 1. Consumption of beta-lactamics in Argentina, 2016–2018

Type of beta-lactams		Consumption per year		
		2016	2017	2018
Penicillin	Amoxicillin	4.21	4.08	3.64
	Amoxicillin/Clavulanic	2.57	2.62	2.43
	Amoxicillin/Sulbactam	0.062	0.057	0.049
	Ampicillin	0.049	0.044	0.038
	Ampicillin/Sulbactam	0.0001	0.00001	0.000002
	Phenoximethyl penicillin	0.128	0.125	0.139
	Benzylpenicillin/Benzatine	0.02	0.017	0.016
	Piperacillin/Tazobactam	0.0002	0.0002	0.0002
	Sultamicillin	0.009	0.009	0.009
	Cephalosporin	Cefadroxy 1° G	0.111	0.107
Cephalexin 1° G		0.868	0.848	0.7867
Cephalotin 1° G		0.00014	0.00013	0.0001
Cephazoline 1° G		0.0003	0.0003	0.00029
Cefoxitin 2° G		0.000089	0.000063	0
Cefuroxime 2° G		0.04	0.039	0.022
Cefixime 3° G		0.0435	0.0442	0.0435
Cefotaxime 3° G		0.00007	0.00001	0.00001
Ceftazidime 3° G		0.00067	0.00055	0.00053
Ceftazidime/Avibactam 3° G		0	0	0.00002
Ceftriaxone 3° G		0.018	0.018	0.016
Cefepime 4° G		0.00018	0.000135	0.0001
Ceftobiprole 5° G		0	0	0.00003
Ceftaroline 5° G	0	0	0.000002	
Ceftolozane /Tazobactam 5° G	0	0.000071	0.000026	
M	Aztreonam	0.000007	0.000006	0.000006
CPM	Ertapenem	0.0016	0.0015	0.0012
	Imipenem	0.0002	0.0002	0.0002
	Meropenem	0.00033	0.00031	0.00021

M: monobactam; CPM: carbapenems; G: generation

(DID 0.000183, 0.000197 and 0.000394 for 2016, 2017 and 2018 respectively) when data-source was only hospitals.

In the carbapenem group, consumption of imipenem and meropenem was similar throughout the study period (Table 1).

In relation to the bacterial resistance present in Argentina, data is shown according to the species of bacteria and based on the geographical region where the samples were obtained (Table 2).

Escherichia coli

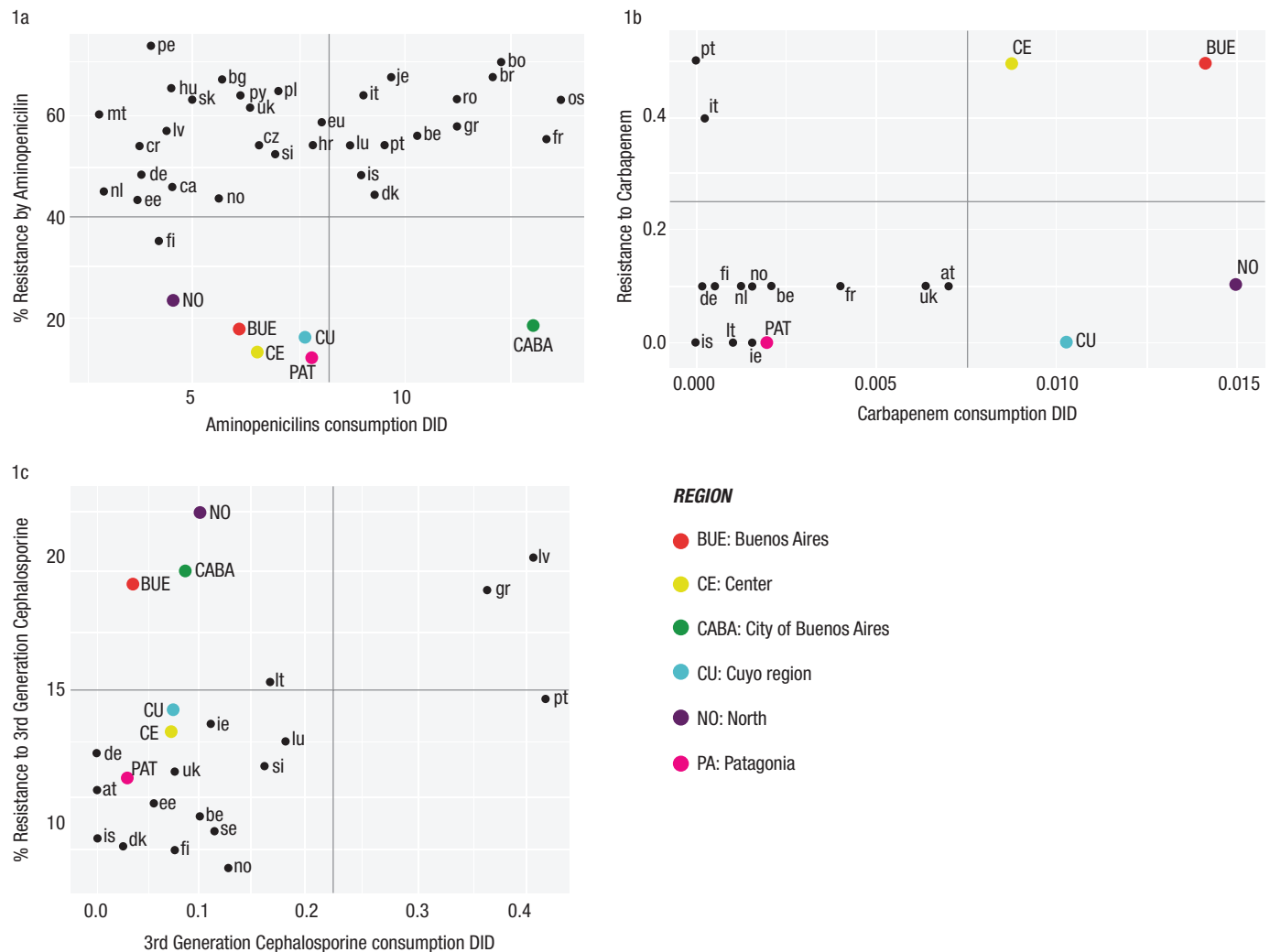
The analysis of the resistance of *E. coli* to aminopenicillins in Argentina showed that it was still low compared to most European countries or other areas of the Americas, even in regions of high consumption such as in the capital region of CABA (Figure 1a). Countries with similar consumption to CABA, such as France, Spain, Bolivia, Brazil, or Greece, had higher resistance with regards to third generation cephalosporins; the group had a relatively low consumption throughout Argentina, although the level of resistance of *E. coli* was high in areas of CABA, the Central and Cuyo regions (similar to the data observed in Greece, Hungary or Romania) and certainly lower than other countries such as Italy (28.7%), Slovakia (30.1%), Bolivia (33.9%), Cyprus (37.1%), or Bulgaria (38.7%) (Figure 1b).

TABLE 2. Microorganism resistance profile to beta-lactams groups according to geographical regions, Argentina, 2018

Microorganism resistance profile	Mechanism of Resistance	S	CABA		Buenos Aires		Center		Cuyo		North		Patagonia							
			I	%	I	%	I	%	I	%	I	%	I	%						
Escherichia coli	Beta-lactamase (extended spectrum)	U	6715	9.0	9545	7.9	7483	413	5.5	4045	369	9.1	5871	14.4	846	374	5.6			
		B	514	18.7	614	19.1	415	51	12.3	214	30	14.0	305	22.3	68	28	10.7			
	Resistance to 3G cephalosporins	U	6715	9.2	9545	8.0	7483	416	5.6	4045	372	9.2	5871	14.4	848	378	5.7			
		B	514	19.8	614	19.5	415	53	12.8	214	30	14.0	305	22.3	68	28	10.7			
Klebsiella pneumoniae	Carbapenemase production	U	6715	0.2	9545	0.1	7483	3	0.0	4045	3	0.1	5871	0.0	2	6678	4	0.1		
		B	514	1.2	614	0.5	415	2	0.5	214	0	0.0	305	0.0	0	262	0	0.0		
	Beta-lactamase (extended spectrum)	U	1159	39.0	891	34.7	890	258	29.0	470	109	23.2	825	32.4	39.3	467	115	24.6		
		B	427	36.5	397	37.5	254	95	37.4	154	34	22.1	206	95	46.1	103	31	30.1		
Pseudomonas aeruginosa	Resistance to 3G cephalosporins	U	1159	49.8	891	44.1	890	356	40.0	470	132	28.1	825	37.3	45.2	467	147	31.5		
		B	427	63.7	397	63.0	254	143	56.3	154	51	33.1	206	113	54.9	103	45	43.7		
	Carbapenemase production	U	1159	16.1	891	9.4	890	98	11.0	470	23	4.9	825	4.9	5.9	467	32	6.9		
		B	427	27.2	397	25.4	254	48	18.9	154	17	11.0	206	18	8.7	103	14	13.6		
Staphylococcus aureus	Resistance to imipenem	U	336	83	24.7	292	50	17.1	192	33	17.2	120	15	12.5	162	18	11.1	130	336	83
		B	159	45	28.3	145	47	32.4	55	10	18.2	41	7	17.1	90	15	16.7	43	159	45
	Methicillin resistance	S	499	301	60.3	635	381	60.0	774	496	64.1	166	62	37.3	529	349	66.0	203	78	38.4
		B	608	261	42.9	605	255	42.1	472	216	45.8	240	68	28.3	435	235	54.0	221	73	33.0
Streptococcus pneumoniae	Resistance to aminopenicillin	B	62	21	33.9	50	12	24.0	3	30.0	17	4	23.5	14	7	50.0	2	10.0		

S: simple type; B: Blood sample; U: urine sample; NRI: No Resistant Isolations; CABA: Buenos Aires CITY (Capital of Argentina); Buenos Aires: Buenos Aires Province; Center: Cordoba, Santa Fe, Entre Rios, Cuyo: Mendoza, San Juan, San Luis; North: Jujuy, Salta, Tucuman, Catamarca; La Rioja, Formosa, Chaco, Santiago del Estero; Corrientes y Misiones (Database 2018)

FIGURE 1. *Escherichia coli*: relationship between consumption and resistance according to geographic area, Argentina, 2018, and comparison with other countries. 1a: Consumption and resistance to aminopenicillins; 1b: Consumption and resistance to third generation cephalosporins; 1c: Consumption and resistance to carbapenems



Note: countries are named with their Official Country Code (31)

With regard to the resistance of *E. coli* to carbapenem, findings were heterogeneous, with the resistance/consumption ratio still low for regions such as Patagonia, and high in the rest of Argentina (Figure 1c), with extremes such as in CABA (1.2 / 0.037), which has a similar reality to Greece, Cyprus, Bulgaria, or Peru, which exceeded the parameters configured in the graph's interface (Figure 1c).

Klebsiella pneumoniae

Resistance of *Klebsiella pneumoniae* to beta-lactams in general was high in CABA (similar to countries such as Romania); low in Cuyo (similar to Italy or Slovakia) and moderately resistant for the other regions of Argentina, Poland or Bulgaria (Figure 2a).

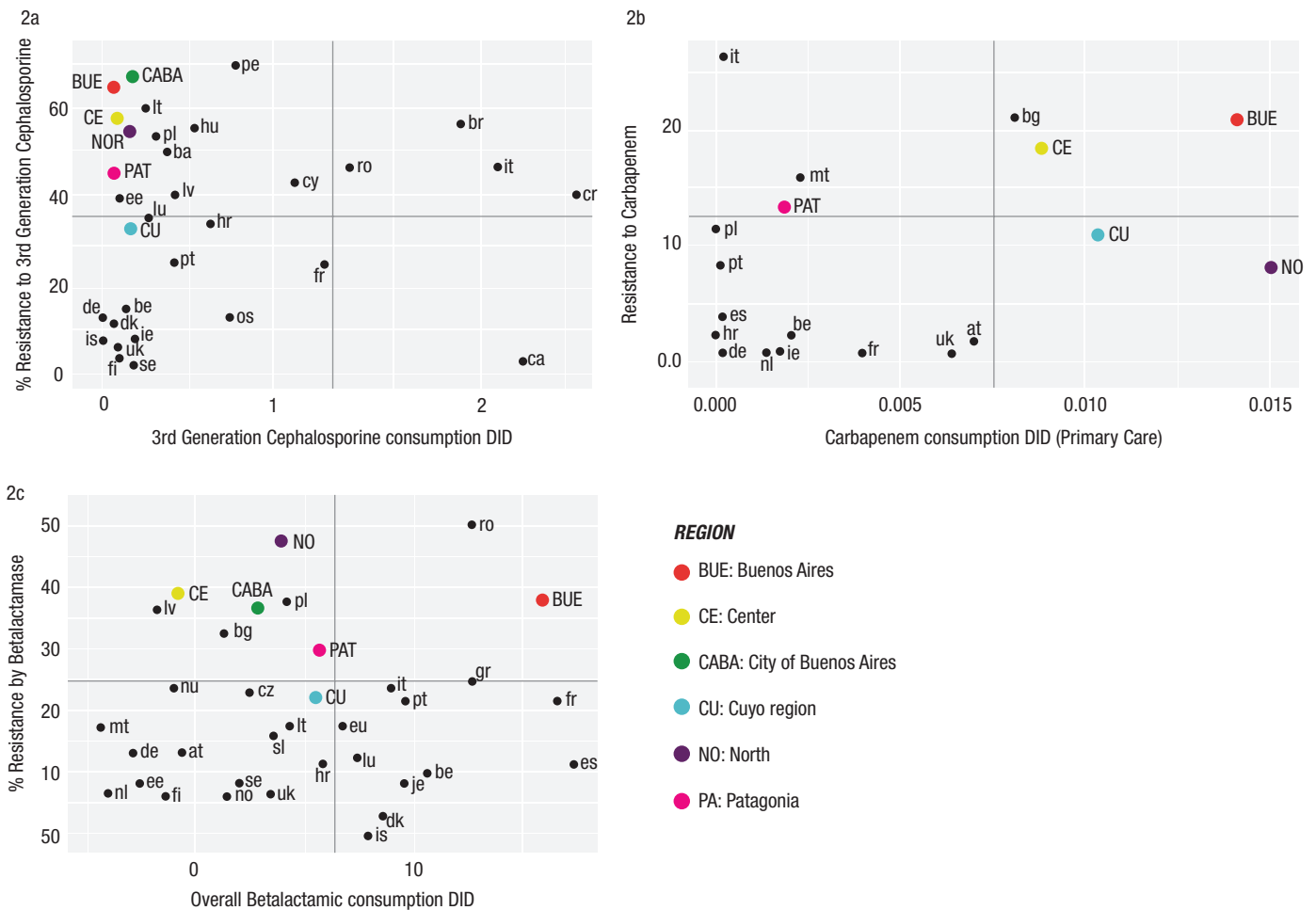
In *Klebsiella pneumoniae*, resistance to third generation cephalosporins was high despite their low consumption in all regions, a situation that was also observed in European countries such as Italy or Poland (Figure 2b).

Klebsiella resistance to carbapenem and consumption of this group of antimicrobials was high in Buenos Aires and the Central region of Argentina (similar to that observed in Bulgaria) and relatively low in Patagonia, although clearly higher than that of Spain, Belgium or Denmark (Figure 2c).

Pseudomonas aeruginosa

Resistance to carbapenem and third generation cephalosporins in *Pseudomonas aeruginosa* was high in all regions of Argentina. With regards to carbapenem, we observed that some regions of Argentina had high resistance, similar to some European countries such as Greece, while regions such as Patagonia had similar patterns to Finland or the Netherlands (Figure 3a). The resistance/consumption relationship of *P. aeruginosa* for third generation cephalosporins was low in the Cuyo region, high in CABA and intermediate in the rest of Argentina (Figure 3b).

FIGURE 2. *Klebsiella pneumoniae*: relationship between consumption and resistance according to geographic area, Argentina, 2018, and comparison with other countries. 2a: Consumption and resistance to third generation cephalosporins; 2b: Consumption and resistance to carbapenems; 2c: Consumption and resistance to all beta-lactams



Note: countries are named with their Official Country Code (31)

Staphylococcus aureus

Methicillin resistance of *Staphylococcus aureus* was remarkably high in all regions of Argentina, whereas consumption was relatively low in comparison with countries of the region such as Brazil and Bolivia, and with European countries such as Italy, Greece and Romania (Figure 4a).

Streptococcus pneumoniae

The results obtained for *Streptococcus pneumoniae* showed that in all Argentina regions except Patagonia (10%) there was high resistance to aminopenicillins (23.5-50.0% depending on the region), resembling countries like France, Malta or Romania in Europe, or Costa Rica, Paraguay or Peru in the Americas. Consumption of aminopenicillins was high in CABA (similar to Belgium, France, Spain, Brazil or Bolivia); low in the North (similar to Scandinavian countries) and intermediate in the rest of the regions.

When the relationship between consumption and resistance was analyzed, it was high in CABA (similar to Romania), and

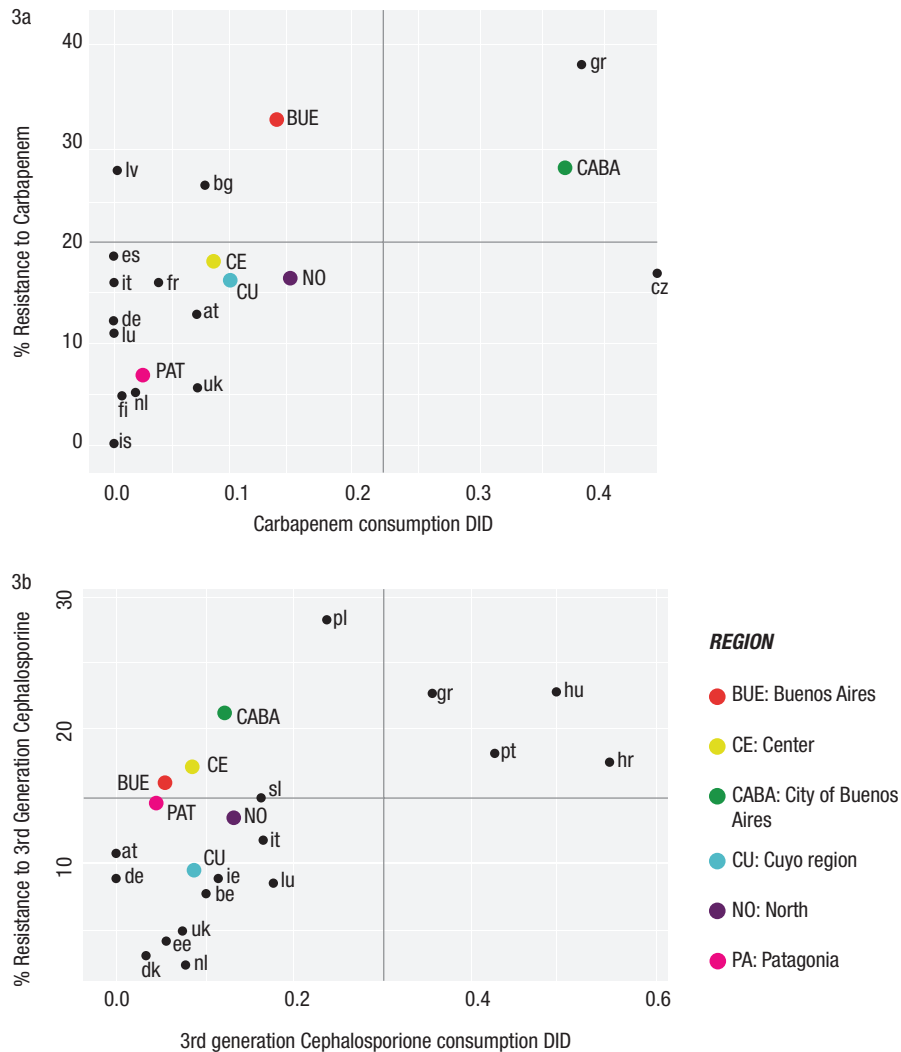
decreased in the regions of Patagonia, Cuyo, Central or Buenos Aires (comparable to the UK or Brazil, Figure 4b).

DISCUSSION

Global evidence shows that antibiotic consumption has been usually low in high-income countries, whereas it has been disproportionately high in low and middle-income countries (18-22). Although antibiotic consumption remained stable in many countries over the last 10 years (23); other studies demonstrated that the consumption rates for certain antimicrobials like cephalosporin decreased in high-income countries and increased in low and middle-income ones (24). Moreover, the prevalence of bacterial resistance generally correlated with the magnitude of antibiotic consumption in different Organization for Economic Cooperation and Development (OECD) countries (25).

Resistance to antibiotics has an ecological impact that transcends the patients receiving them, affecting the entire society. According to the declaration of the United Nations Assembly in 2016, “the development of resistance to antibiotics and the shortage of alternative treatments is the greatest chronic

FIGURE 3. *Pseudomonas aeruginosa*: relationship between consumption and resistance according to geographic area, Argentina, 2018, and comparison with other countries. 3a: Consumption and resistance to carbapenems; 3b: Consumption and resistance to third generation cephalosporins



Note: countries are named with their Official Country Code (31)

problem that public health must face worldwide and requires greater attention and coherence at the international, national and regional level” (26).

Although the causes of AMR are multiple, one of the most important is the development of the biological self-defense mechanisms of bacteria, a process that has accelerated in recent years. However, this is a response of microorganisms to ATM exposure; for this reason, overconsumption and inappropriate use in humans are considered one of the main drivers of this situation (27).

Traditionally it has been considered that bacterial resistance originated in hospitals, but there is increasing evidence of the role of the community, where 93% of all antibiotics are consumed (28). However, even when the relationship between antimicrobial consumption in response to community-acquired infections and bacterial resistance is well known, data are scarce especially in developing countries (28,29).

Austin et al. (22) showed the relationship between antimicrobial use and endemic resistance based on population genetic methods and epidemiologic observations, through the use of

a unique population genetic framework, showing coexistence of resistant and the rate of antimicrobial consumption. It is clear that changes in antibiotic use patterns may reduce the frequency of resistance; however, these authors highlight that there is a critical level of drug consumption required to trigger the emergence of resistance to reach significant levels.

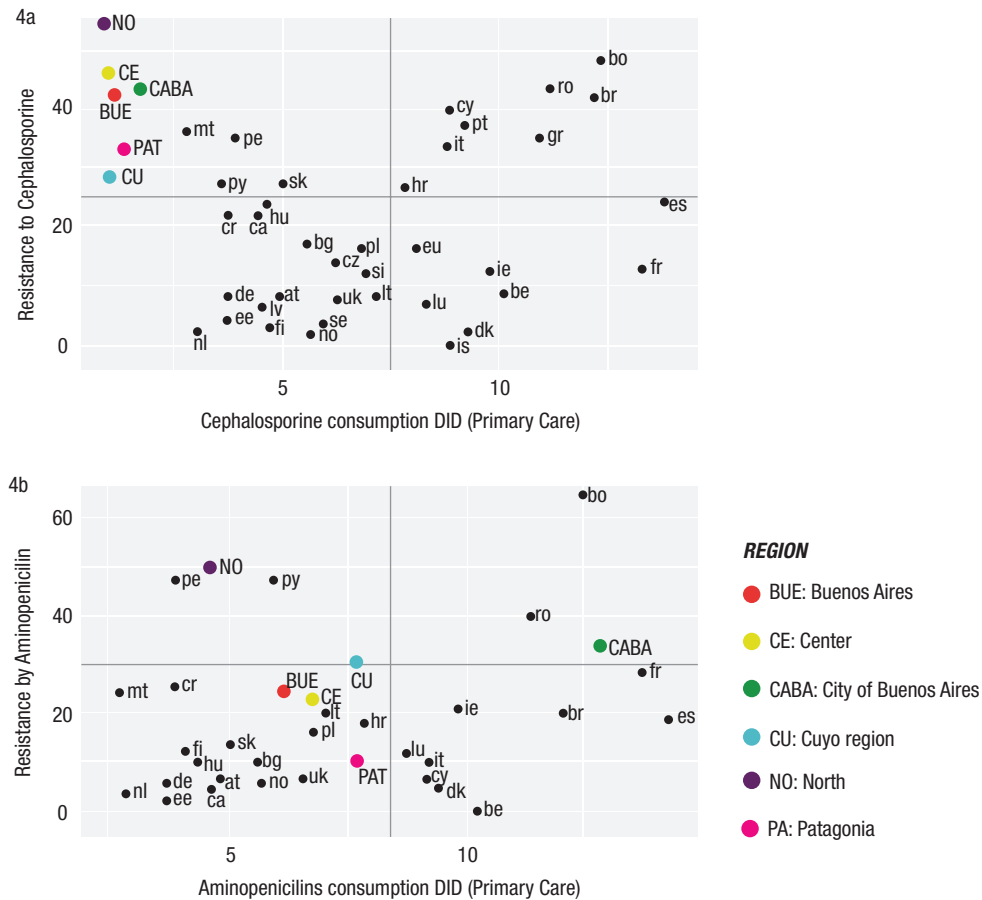
AMR data presented as part of our work came from mixed sources, and there was a predominance of information from hospital settings. This may explain some of the differences observed with other countries of the Americas or Europe.

The results of the present study showed that in Argentina it was detected a slight but progressive reduction in the consumption of beta-lactams in the last 3 years, while bacterial resistance levels varied according to the country region.

The results from the resistance/consumption analysis reflected a great disparity among the different country regions, suggesting several realities within Argentina.

This situation is also seen in other regions of the world. In Europe, antimicrobial bacterial resistance follows a north-south

FIGURE 4. *Staphylococcus aureus* and *Streptococcus pneumoniae*: comparison between antimicrobial consumption and drug-resistance, Argentina, 2018, and other countries. 4a: Consumption and resistance to cephalosporins; 4b: Consumption and resistance to aminopenicillins



Note: countries are named with their Official Country Code (31)

gradient. Southern European countries have higher proportions of penicillin-non susceptible *S. pneumoniae* than countries in northern Europe, since the antimicrobial use tends to be higher in the south of that continent (18).

Following this pattern of disparities, and based on the results from our study, certain regions of Argentina resembled some northern European countries in terms of their level of antimicrobial consumption and their high bacterial resistance, while other regions resembled southern European, and other South American countries.

Regardless of the geographic location, it is clear that a responsible use of antibiotics both in the community and at hospital level has a crucial importance for the prevention of the spread of resistant pathogens.

Considering this data, this study shows a great variability of the ATM resistance/consumption ratio within the same country, which implies completely different realities within Argentina. Some regions of Argentina have cultural and economic similarities to the most developed countries of the world, while in other regions the situation resembles less developed countries. At the same time, the behavior of the population on the consumption of antimicrobials seems to accompany these local characteristics.

This data is an important issue to point out, since it reflects that national data from countries like Argentina with different realities within its territory might include information bias that should be considered when discussing local measures to control the irrational use of ATM or bacterial resistance in each region.

It was noteworthy that some very sparsely populated regions, such as Patagonia or the North, had an unusually high resistance/consumption ratio. For interpretation purposes, it should be taken into account that there is an indiscriminate use of antimicrobials for animal husbandry, an aspect that may explain this observation.

It is important to recognize that the main economic activity of Argentina is agricultural livestock, in which unfortunately there is an improper use of antimicrobials as growth promoters in poultry and cattle (30).

This study has some limitations. First, the lack of registration of the regional use of antimicrobial for indications other than human health. This represent an important bias, especially for countries such Argentina with great agricultural-livestock activity, where it is well known that the indiscriminate use of antibiotics for raising chickens, pigs, sheep and cattle constantly exposes the population to ATM, with a clear impact on bacterial resistance levels. Second, the method used to determine

the consumption of antimicrobials contemplated a source of information that includes consumptions at both hospital and outpatient levels, an aspect that might be confusing at the time of analyzing and planning appropriate interventions in each region.

In conclusion, Argentina regularly provides data for global monitoring of AMR and ATM consumption; however, our analysis showed there are multiple realities within the country, which could also be occurring in other parts of the world. Since such data is used to inform policy and practices around the use of antimicrobials, our analysis highlights the importance of obtaining subnational and local data in order to take more effective measures that lead to better control of antimicrobial resistance. Our analysis of this case study of Argentina showed that both ATM consumption and resistance of the most common pathogens differ according to the country region, reflecting the potentially different realities that exist within the same country. Government-driven policies should consider these aspects in order to play a pivotal role in coordinating local efforts toward

better antimicrobial use, professional antimicrobial stewardship programs and more suitable sales strategies in order to prevent and control AMR.

Authors' contributions. SB & GHM conceived the original idea of the paper and wrote the manuscript; LC, SRP, FG, VG, ML & AC collected the data of antimicrobial consumption and bacterial resistance; LM performed data analysis and interpreted the results. All authors reviewed and approved the final version.

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Disclaimer. Authors hold sole responsibility for the views expressed in the manuscript, which may not necessarily reflect the opinion or policy of the RPSP/PAJPH and/or PAHO.

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Disparidades en el consumo de antimicrobianos y la resistencia a estos dentro de un país: el caso de los betalactámicos en Argentina

RESUMEN

Objetivo. Determinar la razón entre la resistencia bacteriana y el consumo de antimicrobianos a nivel subnacional en Argentina en el 2018, considerando el grupo de los betalactámicos como estudio de caso.

Métodos. El consumo de antimicrobianos se expresó como una dosis diaria determinada (DDD) por 1000 habitantes. Se registró la resistencia de *Escherichia coli*, *Streptococcus pneumoniae*, *Pseudomonas aeruginosa*, *Klebsiella pneumoniae* y *Staphylococcus aureus* a los betalactámicos. Se determinó la razón entre la resistencia y el consumo calculando "R" para cada región de Argentina, y estos datos se compararon con los de otros países.

Resultados. Los betalactámicos más consumidos en Argentina fueron la amoxicilina (3,64) para el subgrupo de la penicilina; la cefalexina (0,786) para las cefalosporinas de primera generación; la cefuroxima (0.022) para las de segunda generación; la cefixima (0.043) para las de tercera generación, y la cefepima (0.0001) para el grupo de la cuarta generación. La comparación entre el consumo de betalactámicos y la resistencia bacteriana demostró que había grandes disparidades entre las seis regiones del país.

Conclusiones. El estudio de caso en Argentina indica que el consumo de antimicrobianos y la resistencia a los patógenos más comunes difería entre las regiones; esto demuestra que hay distintas realidades dentro del mismo país. Como esta situación también se puede dar en otros países, estos datos se deben tener en cuenta para definir las actividades locales destinadas a fomentar un mejor uso de los antimicrobianos, para mejorar los programas de manejo de los antimicrobianos y para proponer estrategias de venta más adecuadas con el fin de prevenir y controlar la resistencia a los antimicrobianos.

Palabras clave Farmacorresistencia microbiana; beta-lactamas; Argentina

Disparidades internas no consumo e na resistência aos antimicrobianos: o caso dos betalactâmicos na Argentina

RESUMO

Objetivo. Descrever a relação entre o consumo de antimicrobianos e a resistência bacteriana no nível subnacional na Argentina em 2018, considerando o grupo dos betalactâmicos no estudo de caso.

Métodos. O consumo de antimicrobianos foi representado por doses diárias definidas (DDD) por 1.000 habitantes. Foi registrada a resistência de *Escherichia coli*, *Streptococcus pneumoniae*, *Pseudomonas aeruginosa*, *Klebsiella pneumoniae* e *Staphylococcus aureus* aos betalactâmicos. A relação entre consumo e resistência foi calculada com base no “R” para cada região do país e os dados da Argentina foram comparados aos de outros países.

Resultados. Os betalactâmicos de maior consumo na Argentina foram amoxicilina (3,64) no grupo das penicilinas, cefalexina (0,786) no grupo das cefalosporinas de primeira geração, cefuroxima (0.022) no grupo das cefalosporinas de segunda geração, cefixima (0.043) no grupo das cefalosporinas de terceira geração e cefepima (0.0001) no grupo das cefalosporinas de quarta geração. Ao se comparar o consumo de betalactâmicos e a resistência bacteriana, observou-se grande disparidade entre as seis regiões do país.

Conclusões. O estudo de caso revela diferenças no consumo de antimicrobianos e na resistência dos patógenos mais comuns entre as regiões da Argentina, refletindo realidades distintas dentro do mesmo país. Como esta mesma situação pode estar ocorrendo em outros países, estes achados devem servir para direcionar os esforços locais a uma melhor utilização dos antimicrobianos, aperfeiçoar os programas de gestão do uso destes medicamentos e propor estratégias de venda mais apropriadas, visando a prevenir e controlar a resistência aos antimicrobianos.

Palavras-chave Resistência microbiana a medicamentos; beta-lactamas; Argentina
